

SCHOOL HOLIDAYS WAKE CAMP

THE ULTIMATE VACATION PROGRAM



Meals included - Optional onsite accommodation - Equipment provided
Beginners to advanced - Learn to wakeboard or advance your skills
Program by World Champion Wakeboarder Courtney Angus

Here is the ultimate opportunity to advance your wakeboarding skills, make new friends and have fun! Enjoy world-class wakeboarding and coaching facilities at Cables Wake Park in Penrith with personalised access to both clockwise and anti-clockwise cables, as well as receiving one-on-one coaching on the System 2.0 linear cables. Learn directly from the sports top pro riders and coaches in a fun and inspiring environment. Each day riders will be encouraged to warm up and stretch, eat healthy, wear sun protection, have adequate rest and progress. **Set goals and achieve!**

Optional accommodation is onsite dormitory style bedding (linen provided). Boys and girls in separate dorms. The program is flexible and can be modified to cater for specific needs.

Numbers limited – book now to secure your preferred dates

IF YOU HAVE ANY QUESTIONS PLEASE CALL 0448953756
OR EMAIL COURTNEY@CABLESWAKEPARK.COM.AU



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THE PROGRAM

What to bring: Runners, hat, sunscreen, water bottle, swimmers, board shorts, sports wear, casual wear and toiletries if you are staying over night.

Daily Schedule: **Please arrive before 9 am

- ⇒ Introduction to coaches
- ⇒ Warm up
- ⇒ Stretch
- ⇒ Separate into groups
- ⇒ Set goals
- ⇒ Ride with coaches
(Beginners on 2.0)
- ⇒ Lunch break
- ⇒ Reassess goals
- ⇒ Aqua park / Ride
- ⇒ Afternoon tea break
- ⇒ Ride / Aqua park / Games
- ⇒ Day campers finish at 5pm
- ⇒ Shower
- ⇒ Dinner
- ⇒ Activities (Games, Aqua golf, Movies or River Walk)
- ⇒ Bed time

Coaches vary per camp:

Courtney Angus - Hyperlite; Australian Wakeboarding Team Captain

Scotty Wilkings - Double Up; Australian Wakeboarding Team Captain

Marilyn Pruitt - Liquid Force; American shredder

Lauren Hilder – Slingshot; British shredder

Corey Olsen – Hyperlite; The Hyperlite Prodigy





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ENROLMENT FORM DETAILS

(Please email completed forms to: courtney@cableswakepark.com.au)

Riders Name _____ Date of Birth __/__/__

Address _____

Email _____

Telephone: Home _____ Mobile _____

Support contact (Family): _____ Mobile _____

Medicare# _____ Medical Insurance# _____

Current injuries, illness or allergies: _____

DISCLAIMER (Please email completed forms to: courtney@cableswakepark.com.au)

I acknowledge that I have an obligation to myself and others to act in a safe and responsible manner and follow the rules of Cables Wake Park and the School Holidays Wake Camp at all times. I agree that Cables Wake Park Penrith and the Camp are absolved from all liability arising from injury or damage caused by my or others actions.

Water Skiing and competitions are inherently dangerous. Serious accidents can happen which may result in death or injury. I acknowledge that by participating in the camp activities I am exposed to risks and dangers, including but not limited to:

- I may be physically or mentally injured, impaired, maimed or killed
- Other Skiers may act dangerously or with lack of skill
- Conditions may be hazardous and may vary without warning or predictability
- My property may be damaged, lost or destroyed

Cable Skiing and boating are physical activities, which can be extremely strenuous on the body. Customers with pre-existing injuries as well as back, shoulder, heart problems, etc. should refrain from this activity.

Reckless, abusive or inappropriate behaviors will not be tolerated and neither will the consumption of alcohol or illegal drugs before or during the camp at any stage. If these behaviors occur the student will be expelled from the camp with no refund.

I have voluntarily read and understood this warning and accept and assume the inherent risks in participating in the camp.

Riders Name _____ Date __/__/__

Signature _____

Guardian's name _____

Guardian's signature _____



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PAYMENT FORM

To reserve your position please email your completed forms to:

courtney@cableswakepark.com.au

A 50% deposit will be charged card details provided. The full amount of the package will be charged on the 19th of December. No refunds.

All-inclusive packages: **meals, coaching, cable passes and gear hire included**

1 day: \$175

3 days: \$399

5 days: \$599

3 days with 2 nights accommodation: \$599

5 days with 4 nights accommodation: \$799

Please circle preferred dates:

Week 1 – Jan 26 27 28 29 30

Week 2 – Dec 2 3 4 5 6

Week 3 – Dec 9 10 11 12 13

Week 4 – Dec 16 17 18 19 20

Week 5 – Dec 23 24 25 26 27

MASTERCARD []

BANKCARD []

VISA []

CARD NUMBER ____/____/____/____

Please leave contact details and you will be contacted for payment information

CARD HOLDER'S NAME _____

ADDRESS _____

CITY _____

POSTCODE _____

COUNTRY _____

EXPIRY DATE __/__/__

TOTAL AMOUNT _____

I authorize Cables Wake Park Penrith to debit my credit card with the amount shown above. I certify that I am over 18 years of age.

SIGNATURE _____

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